

# NHS: Cooks Hill Campus Anti-bullying Plan 2024

**Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviour that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviour.**

## Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

## Cooks Hill Campus' commitment

Our school rejects all forms of bullying behaviour, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive, and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

**Our school engages in the following practices to promote a positive school culture.**

#### 1.1 Student assemblies -

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Date	Communications
On-going	Behavior Code for Students- communicated in person and on social media
On-going	Trust, Respect, Care: School Values (Town Hall Assemblies/ Wellbeing Check Ins)
Weekly	Wellbeing Check-Ins (Weekly lessons whole campus focus, delivered in Advisory) Pos Ed program, art-talks group, yoga, and fitness groups.
Each Semester	Legal Aid, Police Liaison Officer Visits - Cyberbullying Presentations
Annually	Harmony Day, R U OK Day, Wear It Purple Day, Mental Health Awareness Month.

## 1.2 Staff communication and professional learning -

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
SDD	Student of Interest Power Point - Introduce students of concern
On-going	Reinforcing respectful relationships
Fortnightly	Wellbeing Team Meetings - Minutes communicated to all staff
Annually	Child Protection Training
On-Going	LST referral Process/ Advisor Expectations/ Communication with Parents
Weekly	Staff professional Learning- 5 ways to Wellbeing
On-Going	Restorative Practices and the use of these through peer mediation.

## 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New and casual staff are inducted by having.

- **A comprehensive Induction and Orientation program, including face-to-face delivery and supplementary Canvas modules and resources digitally.**
- **Information provided in a handout to staff when they enter on duty at the school.**
- **An Executive staff member speaks to the new and casual staff when they enter on duty at the school.**
- **The principal speaks to the new Executive staff when they enter on duty at the school, as part of the induction process.**

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance, and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety, and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan    NSW Anti-bullying website    Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Termly	School website, Facebook, Instagram - Anti-Bullying and 5 Ways of Wellbeing
On-going	Parent Meetings- Learning Plans, Progress Check-Ins, and Exhibitions
On-going	Skoolbag App- Positive promotion of external agencies and supports
On-going	Parent voice and frequent communication with Advisors (Trust, Respect, Care)
On-going	All staff support school's Anti Bullying Plan through actions and values

## 3. Support for wellbeing and positive behaviour

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviour are explicitly taught across the curriculum in Personal Development, Health, and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Town Hall- Reinforcement of Positive behaviors.  
Advisor Support- daily check-ins  
Specific guest speakers and programs run annually  
Student leadership and support opportunities  
Modelling respectful relationships and behaviour.  
Working collaboratively with the school to resolve incidents of bullying  
Phone calls/ positive postcards and ongoing family connections  
Wellbeing intervention programs.  
Opportunities for external agencies to support individual students.

Completed by: Chloe Thorogood

Position: Head Teacher Wellbeing CHC

Signature: 

Date: 11<sup>th</sup>December 2023

Principal name: Janene Rosser

Signature: 

Date: 11th December 2023